

OT THEME: SPIDERS

Occupational Therapy Activities with a Spider Theme

Possible Materials:

Black paper
Googly eyes
Glue
Scissors

White crayon or colored pencil
Paper cup or paper tube
Yarn
Plastic spider ring

These spider theme activities build skills in fine motor, gross motor, pencil grasp, handwriting, math, scissor skills, sensory experiences, and other learning/school tasks. For pictures and descriptions, go to this [Halloween Activities blog post](#) on The OT Toolbox website.

Spider Craft (scissor skills)- Work on scissor use with this simple spider craft with strait lines and a circle shape, making it a great scissor accuracy activity for younger children or lower-level functioning. Sneak in handwriting and classroom learning tasks by using number sentences, sight words, spelling words, or sentences on the spider's legs. Click here for directions to make this [scissor skills spider craft](#).

Spider Craft (fine motor skills)- Build fine motor skills with a spider craft that works precision, motor planning, eye-hand coordination, pincer grasp, and more. We used a recycled seedling container, but you could use a paper cup or recycled toilet paper tube, too. Click here for directions to make this [fine motor spider craft](#).

Spider Web Maze (gross motor skills)- Use yarn and a plastic spider ring to work on many skills: gross motor skills, eye-hand coordination, motor planning, visual tracking, and more. Kids can create a small or large spider web and MOVE. Click here for directions to make this [spider web maze](#).

Spider Craft (eye-hand coordination)- Work on hand strength to squeeze a glue bottle, and eye-hand coordination to make a noodle spider with this easy craft idea. Click here for directions to make this [noodle spider craft](#).

Spider Mindfulness Exercise- Deep breathing exercises can be used as a warm-up or calm-down activity in OT sessions. Pair this spider deep breathing printable activity with spider walks across the room. Click here to access this [spider mindfulness activity](#).